

Daily Schedule

8:30am	Early drop off	
9:00 - 9:15	Check-in	
9:15 - 9:30	Warm-up with entire group activity	These fun games or skills challenges include everyone. They are a great way to start the day before breaking out into the smaller, leveled groups.
9:30 - 10:45	Skill-building Games 1	Working in smaller groups led by a lead trainer, the kids will learn the theme of the day and play their first fun and developmental games.
		These change everyday to keep everyone engaged and learning something new.
10:45 - 11:00	Snack Break & Trainer Challenge	Time to chill out, talk with friends and rehydrate while our trainers provide entertainment performing a high-skill challenge.
11:00 - 11:50	Modified scrimmages	Just before lunch, or the end of the day for half-day campers, everyone enjoys some competitive scrimmage time.
		When numbers permit, this is time for a small-sided round robin tournament.
11:50-12:25pm	Break and Lunch	Time to relax, cool down and power up for the afternoon activities
12:25 - 12:50	Soccer Olympics "light" & Real Soccer Talk	All players come together to rack up points through a series of Olympic games. These are tallied daily for end of week Olympic "winners."
		This is also a time when our trainers provide feedback about the morning's activities and share key information about what it takes to become a college-level or



		professional athlete, both on and off the field
12:50 - 1:20	Skill-building Games 2	Continuing the day's theme or introducing a related one depending on the success of the morning, the fun and developmental games continue, though for a shorter period this time as we still need energy for the full field match.
		We aim to teach fun games that the players will continue to play with their friends at home when they're just hanging out. Inspiring kids to play all the time is our mission!
1:20 - 1:50	Full Field Match	Everyone plays at once, or depending on numbers, the sitting teams form the "fan base" for their side.
		Options include: staff vs kids, youngest for oldest, mixed ages
1:50 - 2:00pm	Everyone cleans!	All players and staff join in breaking down all the equipment and ensuring we leave the field better than we found it. This is key to teaching respect and empowering young players to feel confident managing their futbol experiences!